









CHELSEA NORDIQ BINGO

Play on your skis!!

Name: _____

RPA	Make a Skier-person 	Link two Telemark turns	ID a Tree 	Crust Ski 
Teach someone something about skiing	Make and pack a special snack	P7	Ski an ungroomed trail	Ski with a household member 
Build a ski jump	P17	Free Choice 	Ski somewhere new	Ski to a Lookout 
Make ice cream while you ski 	Ski with just legs	Ski and draw your loop on a map	Night Ski 	P3
Ski to a special destination	Obstacle Course 	ID a wild animal on your ski	P20	One ski balance down a hill

Bingo Card Game – What can you win?

We will raffle off some **La Cigale ice cream** to players who complete BINGO!. Players can submit as many as 5 BINGO! throughout the period if each one is unique.



Bingo Card Activity Rules:

1. Game runs from February 16, 2021 to March 31, 2021.
2. Participate at your own risk! Must be a Chelsea Nordiq (including ESO) member.
3. Get "BINGO!" by completing the activities in a full row, column, or diagonal.
4. Document your activities and where you skied at with photos and mark your Bingo card to keep track.
5. Fill out the Bingo entry form [here](#) once you've completed BINGO!. You will need to keep your photos and marked BINGO! Card in case you win.
6. You can get a maximum of FIVE BINGO! and enter your name a maximum of FIVE times on the BINGO entry form.
6. Follow all current COVID-19 Regulations
7. Get outside and HAVE FUN!!!
8. Direct any questions to your program leader or Carolyn president@ or Moe headcoach@ chelseanordiq.ca
9. Ice cream donated by La Cigale are the prizes and winners names will be drawn in early April and announced in our Newsletter.

Bingo Card Activity Descriptions:

Build a ski jump: Build a jump and have fun skiing off it.

Crust ski: Wait for the perfect spring day and go ski on the crust of the snow across fields

Free Choice: Start your ski from the location of your choice

ID a tree on your ski: Go for a ski, find a cool tree, and identify what kind of tree it is.

ID a wild animal on your ski: Go for a ski, look for a wild animal, and identify the animal.

Link two telemark turns: Watch some Youtube Telemarking and then find a snowy slope and ski 'old style' by free-heeling some turns.

Make a skier out of snow: Make a skier person snow sculpture while out on your ski.

Make and pack a snack: Make a tasty snack at home and eat it during or after your ski.

Make ice cream while you ski: Mix ice and rock salt in a larger (sealable) container attached to a rope. Put ½ C heavy cream, ½ C whole milk, ¼ C sugar, ¼ tsp salt, and 1 tsp vanilla in a smaller (sealable) container and then nestle that container in the larger container, attach it to your waist with the rope, and ski around dragging the container behind you until you have ice cream!

Night ski: Ski after dark with light from the moon or a headlamp.

Obstacle course: Build an obstacle course (bicycle bumps, jumps, slalom etc.) and then have fun skiing it.

One ski balance challenge: Ski down a hill with only one ski without putting your other foot down (try it on both sides).

P3, RPA, P7, P17, P20: Start your ski at one of these parking lots. RPA is Relais Plein Air!

Ski an ungroomed trail: Ski something that isn't groomed, like trail 6 or 17. Could even be in your backyard!

Ski and draw your loop: Ski your favorite loop, take mental note of special features, and then draw a map of your loop.

Ski somewhere new: Ski somewhere new to you (i.e. ski center, trail, public land etc.)

Ski to a special destination: Can be a neat feature, hilltop, or any spot that's special to you.

Ski to the high point: Ski to the highest point possible at the location where you are skiing.

Ski with a household member

Ski with just legs: Ski at least 10 minutes with just your legs.

Teach someone something about skiing

[Thanks to our friends at NENSA for some inspiration!]